



Purpose

Due to the COVID-19 Pandemic, all aspects of minor hockey will need to change. This plan is to set out the guidelines and recommendations the Manitoulin Panthers Hockey Association (MPHA) will follow to ensure the safe return to hockey while keeping exposure to the virus to a minimum.

Authorities

MPHA will be following guidelines, protocols, and orders established by the following authorities having jurisdiction:

- Hockey Canada
- Ontario Hockey Federation
- Northern Ontario Hockey Association
- Government of Ontario
- Sudbury and District Public Health Unit
- Township of NEMI

MPHA holds the right to enhance, augment, or improve any recommendation made by these authorities. MPHA will not negate, limit, or reduce any recommendation made by these authorities.

MPHA also holds the right to add or remove to this plan, any recommendations as directed by any of the authorities.

General

MPHA will adopt the following general guidelines:

- Mandatory mask wearing for all people in the arena;
 - Spectators, parents, players, siblings
 - Players and coaching staff in dressing rooms
 - Players and coaching staff will wear masks until they are about to step onto the ice
 - Officials in dressing rooms and timekeeping booth
 - Coaching staff on benches
- Players and coaching staff on the ice do not need to wear masks;
- Players and coaches will maintain physical distancing to the best extent possible while on ice during practices;
- MPHA will assist NEMI in ensuring there are only 50 participants (including spectators) in the arena at any given time
- MPHA expects all people in the arena to maintain physical distancing
- Any person not wearing a mask (except for medical reasons) or who do not maintain physical distancing will be asked to leave the arena immediately
- Parents/Guardians will be required to inform MPHA of any positive COVID-19 results



- Parents/Guardians will be required to screen kids for COVID-19 symptoms before coming to the arena and may be screened again on entry into the arena
- MPHA will provide coaching staff with hand sanitizer and disinfecting wipes to use as they feel necessary in dressing rooms, on benches or share with their players
- MPHA will provide coaching staff with shields/masks to wear on the bench for games
- Hockey Canada insurance is valid for the COVID-19 virus, similar to any other injury or disease acquired during the course of hockey play

COVID-19 Protocols

PARTICIPANT FEELS ILL AT THE FACILITY/ACTIVITY





Contact a physician and call the local public health line. Follow isolation requirements of public health authorities. The participant will require a note from their physician to return to activity.

**PARTICIPANT ADVISES TEAM STAFF
THEY ARE NOT FEELING WELL
AND WILL NOT BE ATTENDING**

Participant is advised to follow up with their physician. They will require a note from their physician to return to activity.

Any participant with suspected or confirmed COVID-19 should not return to the hockey environment until all public health authority steps have been completed. They will require a note from their physician or public health authority to return to activity.

If a participant is confirmed to have COVID-19, refer to the following section for recommended communication.

**PARTICIPANT ADVISES
THEY HAVE SYMPTOMS OF COVID-19
AND WILL NOT BE ATTENDING**

If a participant has COVID-19, they should follow up with their physician and public health authority for instructions.

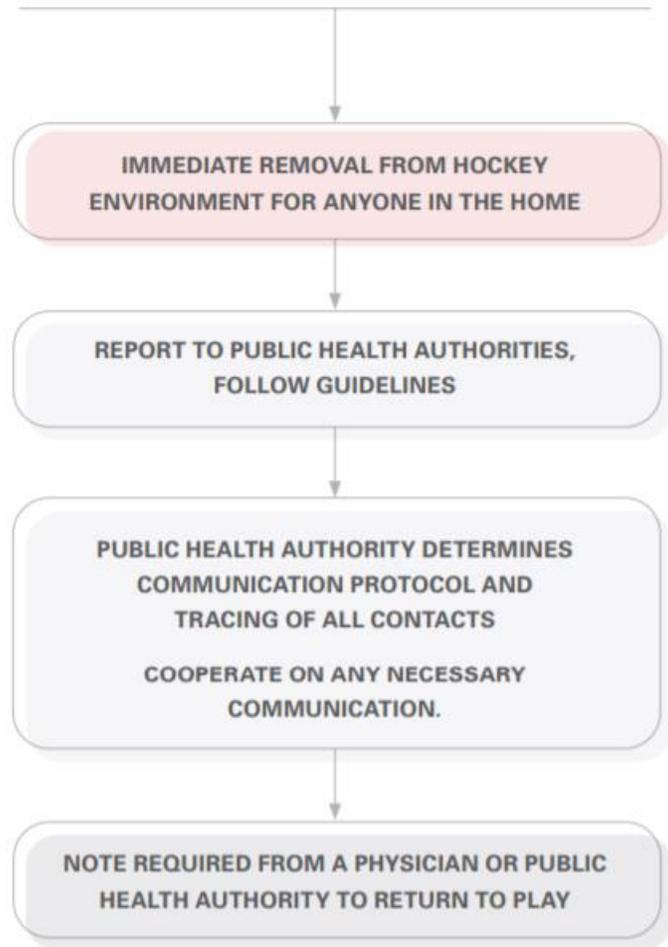
Any participant with suspected or confirmed COVID-19 should not return to the hockey environment until all public health authority steps have been completed. They will require a note from their physician or public health authority to return to activity.

If a participant is confirmed to have COVID-19, refer to the following section for recommended communication.



**PARTICIPANT
TESTS POSITIVE FOR COVID-19
AND CONTACTS THEIR PHYSICIAN**

FOLLOW PUBLIC HEALTH GUIDELINES





Dressing Rooms

MPHA will adopt the following Dressing Room Protocols;

- For all age groups, players are encouraged to arrive mostly dressed
- Physical distancing must be maintained while in dressing rooms
- Coaching staff in rooms will be limited to 2 people
- If any player needs assistance dressing or undressing, they must do so at home or exit the dressing room and request assistance from their parent/guardian at a safe physical distance from all other people
- Parents will not be allowed to enter any dressing rooms
- Players are to exit the dressing room as quickly as possible
- Players and coaching staff will give arena staff appropriate time to clean dressing rooms before entering
- Dressing rooms will not be shared between different teams
- Players will not be allowed to shower after practices or games

Practices

MPHA will adopt the following practice protocols:

- Practices will be scheduled so that arena staff have appropriate time to clean each room after use before another team enters the room. MPHA coaching and executive may be asked to assist in expedite the cleaning process when necessary
- Players will not be allowed to loiter in the arena before or after practices

Game Play

MPHA will adopt the following game play protocols:

- MPHA teams will only play against each other
- No exhibition games allowed
- Game length will be kept to two 22 minute non-stop time periods with no intermission, and a 5 minute warm-up.
- Play will be 3 on 3 format with no deliberate body/physical contact
- All other COVID-19 adapted game rules will be followed (Please see NOHA website for further information)

MPHA Executive will meet on a regular basis, with the proper authorities if required, to review and amend this plan as deemed necessary.

Manitoulin Panther Executive

October 6 2020